



# *the* ANTI-HUNGER ADVOCATE

Brought to you by the Anti-Hunger Action Committee

December 2005

## AHAC Confronts UTA Board Demands a real public hearing

On November 16th UTA held a "public hearing" on their proposed budget. The only problem was they forgot to invite the public! The only people from the public who were there were 3 AHAC members and one person from the Disabled Rights Action Committee. The bus fare increases in the proposed budget impact low income bus riders. The hearing was held in the middle of the day at the UTA offices. Many working people were not able to go to a meeting in the middle of the day. There is only one bus line that goes out to the UTA office.



**AHAC Co-Chair Joe Coult  
Challenges Orrin Colby and  
the UTA Board.**

To help UTA receive comment from real bus riders AHAC is organizing a public forum on transportation and low income Utahns. AHAC Executive Committee members Joe Coult and Rudy Roca challenged UTA board Chair Orrin Colby and the rest of the UTA board to attend. Quoted in the paper, UTA officials said they plan on attending the forum AHAC is organizing. Please attend this forum and let UTA know what real bus riders think of raising bus fares.

UTA conducted a poll of the general population that showed 71% of people are in favor of raising bus fares. The vast majority of the people they interviewed do not even ride the bus! AHAC is doing our own survey. We plan on interviewing over 500 bus riders. We have interviewed over 100 people already. Initial results of the AHAC survey show the opposite. Most people we have interviewed are not in favor of raising bus fares. AHAC is interviewing people who ride the bus and would be directly impacted by higher bus fares.

If you can help with the survey call Crossroads Urban Center (364-7765, ext. 130) and ask for Bill Germundson



**Tia Thulin (right), and  
Danial Dew (left) survey  
people on UTA and  
minimum wage issues  
at Crossroads annual  
Thanksgiving Turkey  
give a away.**



**You are invited to a public forum on...  
PUBLIC TRANSPORTATION AND LOW  
INCOME UTAHNS**

**Tuesday, December 13  
5:30 PM  
Salt Lake City Main Library  
210 E 400 S  
Room B on Level 1**

**For more information contact Bill  
Germundson at 364-7765**



**Kelly Ford & Kimberly Roberts of NTIC with AHAC**

## **You Are A Leader! by Laine Gardinier**

*On November 5th, the Salt Lake Catholic Diocese hosted a workshop about community organizing, which was put on by NTIC- the National Training and Information Center in Chicago, and was facilitated by Kelly Ford and Kimberly Roberts. The presentation focused on effective strategies for raising awareness and winning on clearly defined issues that affect our communities.*

*When asked who was a leader, only a few people raised their hands- but, as we were about to learn, Leaders are all of us. Leaders are those of us who are out there making the calls, talking to people about our concerns, writing letters or doing whatever needs to be done. Leaders are very necessary in the process of effective, progressive community action.*

*You are a Leader and thanks to your help, AHAC can continue to successfully pursue fairness and a higher quality of life for the citizens of Utah through direct action.*



**Laine Gardinier talk with Kelly Ford**

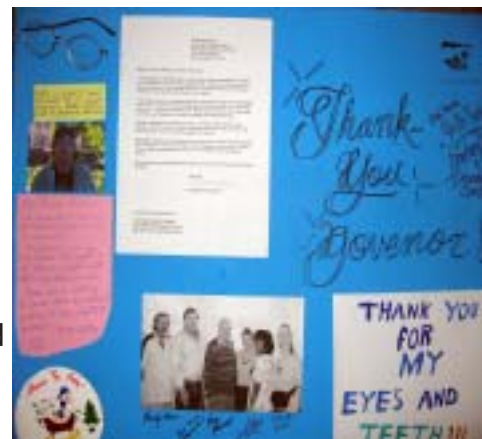
***Not all in Congress are for cutting Medicaid. Some are standing up and fighting. Sen. Frank Lautenberg (D-NJ) has filed an amendment to officially change the name of the budget bill to the "Moral Disaster of Monumental Proportion Reconciliation Act."***

**The House of Representatives narrowly passed a budget proposal (217-215) that, if enacted, would make deep cuts to Medicaid and other important social programs. In the coming weeks, the budget will face a House-Senate negotiation, followed by separate votes in each chamber.**

**It is very important Senator Hatch hear from the people of Utah about how important Medicaid is! Use this toll free number ( 1-800-828-0498), provided by Families USA and call Senator Hatch Today and tell him to vote no on any budget that hurts Medicaid recipients!**



On November 10 AHAC members met With Mike Mower of the Governors staff to thank the Governor for his support in restoring dental and vision benefits to Medicaid. Mr. Mower was presented with a thank you poster to give to the Governor. The poster featured a thank you letter to the Governor written by Beth Vincent, and glasses worn by Richard Miere before he was able to get new glasses. AHAC members told Mr. Mower about getting dental work done and new glasses since the benefits were restored and and asked for his support in making dental and vision benefits permanent. Cassandra Condor sang the song "Bread From Heaven" to the Governors staff.





Opening Day by Richard Miere



Original Artwork by Stanley Longknife



AHAC members make Holiday Cards at Novembers Open Arts



Diandra Smiley shows her artistic talent. Let It Snow!

## MAKE YOUR OWN T-SHIRT

Tuesday, December 6, 2005  
5:00 PM to 7:00 PM  
Crossroads Urban Center  
347 South 400 East

Come learn how to design your own t-shirt at the December **Open Arts Evening**. Free supplies and t-shirt. If you wish to make more than one shirt please bring your own shirts.

Refreshments will be provided.

For more information call Elizabeth Matthews at Crossroads Urban Center, 364-7765

## Hunger Is Cartoons by Karen Waudby



## Sugar Cookies

Recipe by Lou Anne Stevensen

1/2 cup butter  
1 cup sugar  
1 egg  
1 teaspoon baking powder  
1 3/4 cup flour  
1 tablespoon milk  
1/2 teaspoon vanilla  
1/4 teaspoon salt

Preheat oven to 375 degrees Fahrenheit.  
If using a dark cookie sheet reduce heat 25 degrees.  
Cream together butter and sugar.  
Add egg and mix.  
Add remaining ingredients and mix till smooth.  
Refrigerate dough two hours.  
Roll out dough 1/8 inch thick on lightly floured surface.  
Dip cutter in flour before each use.  
Place on ungreased cookie sheet.  
Bake 12 - 15 minutes or until lightly browned.  
Place on cooling rack for 5 minutes.  
Remove from sheet and cool.  
Makes 18 - 24 cookies.

## Doug's Joke of the Month

by: Douglas Cotant



One day in the 1960's, my father and I watched a baseball game on tv, and the announcer said the Relief Pitcher was warming up in the Bullpen; my father than said: "if that's the Pen where's the Bull?"

**The *Anti-Hunger Advocate*** is a monthly newsletter of the Anti-Hunger Action Committee (AHAC).

**Our Mission:** The Anti-Hunger Action Committee is a membership organization composed of and led by food pantry clients and their friends.

- We unite many different kinds of people served by food pantries in order to increase community involvement of low income Utahns.
- We educate Salt Lake County residents about available resources and issues facing food pantry clients.
- We organize food pantry clients and their friends to take action on their own behalf.
- We promote solutions to problems that cause hunger and poverty in the lives of our members.

**Submissions:** To submit an item to the newsletter, please contact AHAC at Crossroads Urban Center, 364-7765.

Previous issues of the newsletter are available either at Crossroads, or on-line at: [www.crossroads-u-c.org](http://www.crossroads-u-c.org)