



the **ANTI-HUNGER
ADVOCATE**

Brought to you by the Anti-Hunger Action Committee

July 2005

UTA INCREASES FARES WITHOUT BENEFITS TO RIDERS

by Rudy Roca

The latest UTA fare increase was outrageous without giving good convenience to the passengers. One good example of this is the bus shelters that riders need very much during winter time and also during summer under the heat of the scorching sun.

I'm a bus person and always take the bus whenever I go places and this is the worst experience I have encountered in waiting for the bus. In downtown areas not all of the bus stops have shelters and during winter it gives discomfort and inconvenience to the many poor passengers.

I live in the Rose Park area and you cannot find any shelters in the bus stops. Summer time sometimes you're lucky enough to have a tree for shade, rather than to stand under the scorching heat of the sun. In winter time you'll freeze to death because of direct exposure to the elements.

It is incumbent for UTA to construct at every bus stop a shelter in order to justify their enormous increase of fares.

Please come to a workshop led by Zelinda Welch, from Bread for the World, about the Hunger Free Communities Act. This bill says the United States should work to end hunger in this country within 10 years and takes simple steps to reach that goal.

**July 28, 2005 at 5:30 PM
in the Pastoral Center of
the Salt Lake Catholic Diocese
27 C Street, Salt Lake City**



TRAX stops always include nice metal benches and shelter from the sun and rain. Even the busiest bus stops usually don't have shelter or a place to sit down. During the next few months AHAC will be interviewing hundreds of bus riders to see where they would like to see benches and shelters placed and learn about their other concerns.



HELP AHAC ASK SENATOR HATCH TO PROTECT PEOPLE, NOT DRUG COMPANIES

At a time when America is facing a healthcare crisis the worst thing we can do is increase the number of people who cannot afford medical care. Medicaid provides basic health insurance for 52 million low income Americans who do not have other health insurance options. The odds are very high that you know at least one of those people. Last month the National Governor's Association made recommendations for cutting \$10 billion from the Medicaid Program. Their proposal includes a good idea-- cutting the amount of money that Medicaid pays for prescription drugs. The proposal also features a very bad idea-- making people on Medicaid pay larger fees before they can receive treatment or obtain prescription drugs. People struggling to live on a monthly disability check of \$564 will be unable to pay these fees and will have no choice but to go without healthcare.

The pharmaceutical industry is very powerful and they are not going to be quiet when America's Governors say that one way to cut Medicaid spending is to pay better prices for be to protect Utahns, not drug companies.



Light Side of the Moon by Virgil Day

The pharmaceutical industry is very powerful and they are not going to be quiet when America's Governors say that one way to cut Medicaid spending is to pay better prices for prescription drugs. Senator Hatch is the ranking majority party member of the Senate committee responsible for cutting Medicaid spending. Pharmaceutical industry representatives are obviously talking to him about these proposed cuts. During the past five years they have donated \$469,574 to Senator Hatch's campaign fund and so he is probably obligated to listen to them.

If our Senator is going to stick up for ordinary people who live in Utah he needs to hear from ordinary Utahns. Please call or email Senator Hatch as soon as possible and tell him that when he is deciding where to cut the Medicaid Program his goal should be to protect people, not drug companies. For more information about this issue, contact Bill Germundson at Crossroads Urban Center: 364-7765 ex 130 or billg@crossroads-u-c.org

Senator Hatch Contact Information:

Salt Lake Office: 524-4380

Washington DC Office: 202-224-5251

or go to his website to send an email:

<http://hatch.senate.gov>



Would you like to learn about free ways you can use email and the internet to contact elected officials and tell them what they should be doing? Contact Bill Germundson at 364-7765 ex 130 to receive a copy of ***The AHAC Guide To Internet Activism.***

MY IDAHO TRIP

by Douglas Cotant

On May 27, 2005 (Memorial Day Weekend). I went to Pocatello, Idaho for a small family get together. While there I met the Mayor of Chubbuck, Idaho; whose name is John Cotant. He met me at the Bus Station in Pocatello and drove me to the Motel 6, located on the outskirts of the city. I left here on Friday Morning, May 27, on Rimrock Trailways and arrived at the Bus Station at 1300 hours (1:00 PM).

John Cotant is presently the Mayor of Chubbuck and he took me to his home where I met his wife Alice and we sat down and had a steak dinner. He showed me some of his Family History and Alice showed me some of hers, and then I showed them the history of my family. John also took me to see a place called Cotant Park in Pocatello and the next day, May 28th, we went to a town called American Falls and then to another town called Rockland. At these two places we stopped to put flowers on Cotant Grave Sites and while John decorated the graves I took pictures because we are compiling a record of the Cotant Family as they traveled from La Rochelle, France to New York City in the 1600s and then from Westchester County, New York, to Ulster County, New York, (My Branch of the Family settled Ulster in the 1700s and 1800s) to the Mid-West and the West and some even settled in Idaho in the early 1900s, because John said that his father John Oliver Cotant, Sr. came to Pocatello in about 1908.

John and I go back to the same 4th Great-Grandfather, Samuel Coutant, who was born in New York State in the year 1768. (the spelling was changed from Coutant to Cotant by another Grandfather, Peter V. Cotant.

I enjoyed my trip to Pocatello. John was there waiting for me.

In conclusion, I think that everyone should seek out their Kindred Ancestors, because It might give a clue as where we came from and why we settled in America.



Cotant Park in Chubbuck, Idaho

Duck Bills

by Joey Lee

Much did not do
Much needed to be done.
Have a clue
Makes me rue.
Lie down,
Be blue?

A person not worthwhile.
Able to rake bills in a
Huge pile.
Overdue!
What to do?

Can't pay. . .

Run Away!!

Doug's Joke of the Month

by: Douglas Cotant

Three very elderly ladies were walking down the street and wore hearing aids; and the following conversation occurred:

1st lady: "It's a windy day out"

2nd lady: "It's not Wednesday, it's Thursday"

3rd lady: "I'm Thirty too, let's get a drink"



You are invited to the
**Third Annual
 AHAC Barbecue**
 Tuesday, July 12, at 6 PM
 at Liberty Park
 Bring a friend!
 To learn more call AHAC at
 364-7765.



This untitled painting by Mary Torgerson was created at AHAC's new art program, Open Arts. Open Arts meets every Tuesday from 1:30 to 4:30 in the basement of First United Methodist Church, on the corner of 200 South and 200 East. For more information about Open Arts contact Elizabeth at 364-7765. **Join us this Tuesday!**

Feeling

by James Gomez Robb

sometimes we pain
 othertimes we smile
 mostimes we cry
 many times we frown
 moretimes we feel
 anohtertimes we ill
 everyday we all have days of for about feeling
 whatday we all have days of for about
 feeling
 whenday we all do have days of for about
 feeling
 howdays well of days of for about
 feeling
 whodays we all may have days of for about
 feeling
 wheredays we all can have days for about
 feeling

The *Anti-Hunger Advocate* is a monthly newsletter of the Anti-Hunger Action Committee (AHAC).
Our Mission: The Anti-Hunger Action Committee is a membership organization composed of and led by food pantry clients and their friends.
 -We unite many different kinds of people served by food pantries in order to increase community involvement of low income Utahns.
 - We educate Salt Lake County residents about available resources and issues facing food pantry clients.
 - We organize food pantry clients and their friends to take action on their own behalf.
 - We promote solutions to problems that cause hunger and poverty in the lives of our members.
Our Supporters: AHAC receives funding from the Catholic Campaign for Human Development, the United Methodist Church's Domestic Hunger and Poverty Program, the Evangelical Lutheran Church in America Hunger Grant Program, the United Church of Christ Hunger Action Fund, MAZON: A Jewish Response to Hunger and the Crossroads Urban Center.
Submissions: To submit an item to the newsletter, please contact AHAC at Crossroads Urban Center, 364-7765.
 Previous issues of the newsletter are available either at Crossroads, or on-line at: www.crossroads-u-c.org