



the **ANTI-HUNGER
ADVOCATE**

Brought to you by the Anti-Hunger Action Committee

October 2005

THIS BUDGET IS A NIGHTMARE

by Darla Ball

There are goblins. There are ghouls. And then there is Bush. Our president wants to cut our Medicaid funds for our doctors, for our medications. With the cuts for our doctors, what is he trying to be, a warlock?

By raising the co-pays for our doctors and meds he wants to make our lives a nightmare. People on SSI only get \$564 each month. How are we supposed to afford our food with prices for everything going up?

If you want to help let him know what he is doing to low income people then you should join AHAC. Halloween should only be one day each year.



AN OPEN LETTER TO GOVERNOR JON HUNTSMAN JR. ABOUT RESTORATION OF MEDICAID VISION BENEFITS

by Douglas Cotant

On August 25th of this year I went to the Moran Eye Center at the U OF U Medical Center for an appointment with Dr. Brian Vincente for an Eye Exam; He checked my eyes and had me look into a mirror to read some letters and tell me from which eye I could see better. I did this and than he dilated my pupils and than had me wait in the waiting area for several minutes. He than called me back into the exam room and wrote a new prescription for new glasses because the ones I had, I purchased from FHP in 1994 so it has been 11 years since I had new glasses.

Then I took the prescription to the Optical shop and they checked it and showed me various frames and, as it turns out, I picked a frame that was black and was told that Medicaid will pay for the Exam and the glasses, I waited until the following Friday to go back to the Optical Shop to pick them up, though I am not used to them yet.

So, Thank you, Governor Hunstman and State Legislature for restoring Medicaid Benefits for Vision, and I trust that you will tell your friend President Bush to restore the proposed cuts that he wants to make in Medicaid.

It only takes two minutes to call the office of Senator Hatch and Senator Bennett and tell them how important it is that Medicaid funding is not cut. Here are the numbers for their Salt Lake City Offices:

Senator Bennett: 524-5933

Senator Hatch: 524-4380



Come help us put together the AHAC Newsletter for November! The AHAC Newsletter Committee will meet on October 11 at 2 PM during Open Arts at First United Methodist Church, on the corner of 200 East and 200 South. If you are interested in writing, drawing, taking photos or helping to edit the newsletter please come join us!



Would you like to learn about free ways you can use email and the internet to contact elected officials and tell them what they should be doing? Contact Bill Germundson at 364-7765 ex 130 to receive a copy of ***The AHAC Guide To Internet Activism.***

Doug's Joke of the Month

by: Douglas Cotant



Here is a Halloween Joke:

When the Trick or Treaters came to the door; I would always tell them, "Now you give my regards to all the Witches and the Goblins in the Area."

Halloween Night
by Judy R. Korlin

Upon the breeze,
Within the trees,
The graveyard's silence blared.

So if you wandered out this eve
--You might get good and scared.

The sky was dark
Above the park,
The cats were filled with fright.

The wind did howl,
The dogs did growl,
T'was surely Halloween night.

PLEASE COME TO THE OPEN ARTS OPEN HOUSE

On Friday, October 21, from 5:30 until 7 PM, AHAC will be hosting the Open Arts Open House in the basement of First United Methodist Church, which is on the corner of 200 East and 200 South. This Open House is your chance to meet artists who have participated in AHAC's Open Arts Program and possibly buy one of their art works. This free event will include light refreshments and performances of song and poetry by AHAC members. The artwork featured on this page will be on display and for sale at the Open House. If you have any questions about this event call Elizabeth Matthews at Crossroads Urban Center, 364-7765.



Mary Torgerson



David Hughes



Virgil Day

THE GHOST OF ELVIS PAST

by Judy R. Korlin

Now there is a certain spirit
That returns on Halloween.
It's ghost---and we can hear it,
And it surely has been seen.

We recall the latest story
That our Elvis has come back;
He returns in all his glory
As a spirit dressed in black.

He was seen upon the gravesites,
and has wandered through the town.
But he vanishes in the daylight
---And they say he can't be found.

They believe he's very restless,
But don't get too scared and fight;
Or he might take all your treats away---
and haunt your house tonight.

OPPORTUNITIES TO VOLUNTEER FOR AHAC IN OCTOBER:

- AHAC wants to interview 500 bus riders this month. We can use your help.
- We need volunteers to help with our October 21st Open Arts Open House.
- We can always use more help with our newsletter. The AHAC newsletter committee will meet on October 11.
- AHAC is looking for people who like to take photographs to help us create a photo exhibit on what it is like to work for less than \$7 per hour in Utah. We will provide free cameras and film to all volunteers.

Call Bill Germundson at 364-7765 ex 130 for more information about all of these things.

The *Anti-Hunger Advocate* is a monthly newsletter of the Anti-Hunger Action Committee (AHAC).

Our Mission: The Anti-Hunger Action Committee is a membership organization composed of and led by food pantry clients and their friends.

-We unite many different kinds of people served by food pantries in order to increase community involvement of low income Utahns.

- We educate Salt Lake County residents about available resources and issues facing food pantry clients.

- We organize food pantry clients and their friends to take action on their own behalf.

- We promote solutions to problems that cause hunger and poverty in the lives of our members.

Our Supporters: AHAC receives funding from the Catholic Campaign for Human Development, the United Methodist Church's Domestic Hunger and Poverty Program, the Evangelical Lutheran Church in America Hunger Grant Program, the United Church of Christ Hunger Action Fund, MAZON: A Jewish Response to Hunger and the Crossroads Urban Center.

Submissions: To submit an item to the newsletter, please contact AHAC at Crossroads Urban Center, 364-7765.

Previous issues of the newsletter are available either at Crossroads, or on-line at: www.crossroads-u-c.org